APSC-398 Applied Sciences Field Experience

Nick Mohs, Dr. Stephanie Lillis

Advanced Body Chiropractic

Dr. Dmitry Kadnikov, program director of the B.S. in Applied Sciences at UW-Stout

All About ABC
- Established in 1998 by Dr. Stephanie Lillis and her husband Greg Lillis
- Located in Ohio and Minnesota
- Services include adjustments, therapies, DOT physicals, and more.
- Variety of supplements and accessories sold.
- Customer-first mentality
- First care treatment and satisfaction
- Made to feel welcoming.

UW-Stout Skills Utilized
- Lab teamwork skills heavily prevalent
- Prior anatomy was beneficial.
- People skills and speech class skills were used.
- Group leadership and collaboration skill improvement

Duties
- One-on-one patient intake
- Appointment scheduling
- Therapy sessions (muscle stimulation, acupuncture, ultrasound, etc.
- Used room clean up and reset.
- Initial DOT physical intake.

Acquired and Refined Skills
- Note taking, time management, and organization improved.
- Being an accountable teammate to the group
- Social skillset skyrocketed.
- Handling adversity

Science at Work
- Ultrasound sound waves warming up and breaking apart scar tissue.

Future Outlook
- More excited than every about chiro
- Co-Op experience gave me the best insight of everyday work life.

Advice to the Next Class
- Have an open mind and be willing to learn and adapt.
- Have a day-to-day mindset.
- Take the coaching, learn from your mistakes, and enjoy it!

Acknowledgements
- Thank you to the ABC staff and everything they did to make my internship a positive experience!
- A special thank you to Dr. Lillis for always pushing me to keep learning and grow my passion for helping others.

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