Pre-Test Willingness

We next investigated if the FFVP had a positive impact on students in these areas by examining only those students who answered they would try or would like to try for improvement. We found significant differences in two areas: willingness to try new vegetables and changes in FV intake of participating students. This analysis also did not include any control schools for comparison.

Method

Introduction

Results

The table presents here are quite specific to the context of child health and nutrition.

The FVPPs

As was the case with our analysis of student willingness to try FV and to choose FV on a menu, these results only support the FFVP as a means to increase student willingness to try new vegetables, but we did not account for some variables that may influence willingness to try new vegetables such as the nutritional value of the FV or student preferences. This was a limitation of our research design as we could not control for other variables that may influence willingness to try new FV.

We next investigated if the FFVP had a positive impact on students in these areas by examining only those students who answered they would try or would like to try for improvement. We found significant differences in two areas: willingness to try new vegetables and changes in FV intake of participating students. This analysis also did not include any control schools for comparison.

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